

First Aid

- Identify the problem and symptoms
- Explain the treatment
- Give advice for prevention



Discuss with a partner or small group.

What are common medical problems tourists have?
How can police help treat these problems?

Match the words on the right with the medical problems below.



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____

Medical Problems:

Jellyfish stings

Heat exhaustion

Mosquito / Bug bites

Sunburn

Animal scratches or bites

Sea / Motion sickness

Complete the article with the medical problems above.

Tourist police want visitors to Indonesia to enjoy their time exploring the beauty and culture of the country. Sickness or injury can ruin their time, so Tourist police are trained to provide first aid.

Many injuries happen on the sunny beaches of Bali or Lombok. Tourists sometimes aren't prepared for Indonesia's hot sun. The most common injury police officers see are 1. _____ because the visitors lay out in the sun too long. A more serious problem caused by the sun and hot weather is 2. _____. Visitors who have been too active in the sun and hot weather may even need to go to the hospital. Even swimmers can face danger in the water. 3. _____ are a common problem because the jellyfish are transparent and hard to see in the water. Other underwater dangers are strong currents and sharp coral. Visitors who aren't used to life on a boat may get 4. _____ from the rocking of the waves.



Visitors must be cautious of the animals and insects of the archipelago. Tourists who forget their bug spray can be covered in 5. _____ from mosquitoes and other bugs when night falls. There are also many safaris and sanctuaries where visitors must watch out for 6. _____. Monkeys and other animals are cute, but they can cause injury.

If any of these problems threaten to ruin your vacation, remember to find the men and women in khaki and red. They are happy to serve you.



Explore Grammar – Past Passive and Simple Present to describe a medical problem.

<p>Past Passive: Subject + was/were + past participle (+ agent)</p> <p><i>I + was + stung + by a jellyfish.</i></p>	<p>Simple Present: Subject + have/has + (adjective) object</p> <p><i>I + have + motion sickness.</i></p>
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Write the past passive sentence.

1. They / bite / mosquitoes
2. He / scratch / a monkey
3. My friend and I / sting / jellyfish

Write the present tense sentence.

4. You / heat exhaustion / mild
5. She / sunburns / severe
6. Mr. Walters / motion sickness



Listen to the sentences. Check the correct problem and the structure.

- | | | | | | | | |
|-----------------------------------|-------------------------------|----------------------------------|--|----------------------------------|--|----------------------------------|----------------------------------|
| 1. <input type="checkbox"/> sting | <input type="checkbox"/> bite | <input type="checkbox"/> sunburn | <input type="checkbox"/> motion sickness | <input type="checkbox"/> scratch | <input type="checkbox"/> heat exhaustion | <input type="checkbox"/> passive | <input type="checkbox"/> present |
| 2. <input type="checkbox"/> sting | <input type="checkbox"/> bite | <input type="checkbox"/> sunburn | <input type="checkbox"/> motion sickness | <input type="checkbox"/> scratch | <input type="checkbox"/> heat exhaustion | <input type="checkbox"/> passive | <input type="checkbox"/> present |
| 3. <input type="checkbox"/> sting | <input type="checkbox"/> bite | <input type="checkbox"/> sunburn | <input type="checkbox"/> motion sickness | <input type="checkbox"/> scratch | <input type="checkbox"/> heat exhaustion | <input type="checkbox"/> passive | <input type="checkbox"/> present |
| 4. <input type="checkbox"/> sting | <input type="checkbox"/> bite | <input type="checkbox"/> sunburn | <input type="checkbox"/> motion sickness | <input type="checkbox"/> scratch | <input type="checkbox"/> heat exhaustion | <input type="checkbox"/> passive | <input type="checkbox"/> present |
| 5. <input type="checkbox"/> sting | <input type="checkbox"/> bite | <input type="checkbox"/> sunburn | <input type="checkbox"/> motion sickness | <input type="checkbox"/> scratch | <input type="checkbox"/> heat exhaustion | <input type="checkbox"/> passive | <input type="checkbox"/> present |
| 6. <input type="checkbox"/> sting | <input type="checkbox"/> bite | <input type="checkbox"/> sunburn | <input type="checkbox"/> motion sickness | <input type="checkbox"/> scratch | <input type="checkbox"/> heat exhaustion | <input type="checkbox"/> passive | <input type="checkbox"/> present |



Write a diagnosis for each picture with *he* or *she*. Use the past passive or the simple present.

1. 	3. 	4. 	6. 
2. 	5. 		



Practice the conversation. Change the problem for each picture.

- Visitor: Excuse me. Can you help me?
 Officer: What's wrong? / What happened?
 Visitor: _____
 Officer: Sit down. Let me get my first aid kit.





Listen and complete the conversation of an officer giving first aid. Practice with a partner.

Visitor: Excuse me. Can you help us?
 Officer: Of course. _____?
 Visitor: My daughter _____ by a monkey.
 Officer: Okay. Sit down here. Let me get my first aid kit.
 Visitor: Thank you so much.
 Officer: What's your name, sweetie?
 Daughter: Annie.
 Officer: How old are you, Annie?
 Daughter: Five years old.
 Officer: Wow! You're so brave. You're not even crying. How does it feel?
 Daughter: It hurts a little.
 Officer: Okay, Annie. I will try to make it better. First, _____ clean the scratch with some hydrogen peroxide. It might sting a little. All right, next I'm going _____ some antibiotic ointment to keep out any infection. And finally, I am going to wrap the whole thing with this _____. Is that okay?
 Daughter: Yeah. Thank you.
 Officer: You're welcome. Now, Mom, you should keep an eye on the scratch. Make sure it stays clean. You ought to buy this medicine to put on the scratch.
 Visitor: Thank you so much for your help.
 Officer: No problem. Take it easy, Annie. And, stay away from those naughty monkeys!

Culture note:
 Westerners may request the following treatments:

Sunburn – aloe vera gel

Bug bites – Calamine lotion; Benadryl

Motion sickness – Dramamine

Aches & pains – Tylenol; Advil; Ibuprofen



Answer the questions.

1. What was the medical problem?
2. How did the officer treat the problem?
3. What advice did the officer give to the mother?

Useful idiom:
Keep an eye on – to watch something carefully.

Give Advice: Use *Should* and *Ought to*

- *Should* and *Ought to* both mean the same thing: *This is a good idea.*
- *Should* + base verb (no *to*)
- *Ought to* + *to* + base verb (more forceful; not very common)
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Should

You should go to the hospital.

Ought to

You ought to go to the hospital.

Write the advice. What other advice can you come up with?

1. lay down (should)
2. put sunscreen on (ought to)
3. drink a lot of fluids (should)
4. take Antimo before taking the boat (should)
5. use insect repellent (ought to)
6. wear long sleeves to cover the burn (ought to)



Role play giving first aid in one of the following situations. Write the conversation.

1. Severe sunburn
2. Dog bite
3. Many mosquito bites
4. Heat exhaustion
5. Jellyfish sting

Remember to:

- Identify the problem
- Check for symptoms
- Explain the procedure and treatment
- Give advice